

Carrick Institute for Graduate Studies**Module (824) Chiropractic Adjusting Techniques for Chiropractors****MAY 17-18, 2008****PCA, Harrisburg, PA****Instructor:****Adam Klotzek: DC, DABCN****Hours of Classroom Instruction****Saturday 8:00 A.M. – 6.00 P.M.****Sunday 8:00 A.M. - 3:00 P.M.****Credit Hours: 15 hours of Diversified Chiropractic Techniques****Goal:**

The goal of this module is to educate the participants in the importance of chiropractic adjusting technique as it pertains to the practice of chiropractic. Emphasis will be placed on information pertaining to the clinical applicableness of chiropractic technique as it relates to expressive nature of human function and interaction. Further emphasis will be placed on the multi-modal integrative aspect of human function and its relationship to disease and human suffering. Of particular importance and interest is hands on nature of the program. The basic aspects of neuroscience as it pertains to chiropractic technique will be the center of discussion for this module as to provide a solid foundation for the learner to build more complex clinical applications. The goal of this module is for the learner to increase his/her skill levels in performing osseous adjustments of human joint articulations and muscles.

Lecture Format:

This program of study is central to the hands on adjusting of joints without the use of instrumentation or anaesthesia. Our program is designed to promote maximum skill acquisition in adjusting by the Chiropractor. We utilize ethnographic teaching techniques which promote superior clinical learning and application.

The participant will be immersed in practical application learning scenarios based upon a neurological model of health care. The techniques of adjusting are those developed by Frederick R Carrick, DC, PhD, DACAN, DABCN, DACNB, FACCN and featured on the PBS Television documentary: WAKING UP THE BRAIN:AMAZING ADJUSTMENTS.

Dr. Carrick, Professor Emeritus of Neurology at Parker College and the Distinguished Post Graduate Professor of Clinical Neurology at Logan College is the recipient of numerous governmental, civic and professional awards for his neurological applications in health care. Osseous adjustments are central to his research and work.

Registration for this program is limited to Chiropractors and Chiropractic Students. Registrants must bring a portable adjusting table or bench in order to participate in the program. All learners

must wear shorts with the option of wearing halter or bathing suit type tops, or gowns. All adjustments are given with skin on skin contacts.

Saturday:

Instruction: 8:00 – 10:00 AM

Coupled Cervical Adjustments:

Adjustments of the Cervical spine
 Adjustments using the thumb, Single and multiple segment contacts
 Adjustments of the Cervical Spine in the supine position
 Adjustments of the Cervical Spine in the prone position
 Adjustments of the Cervical Spine in the seated position
 Adjustments of the Atlas
 Adjustments of the Occiput

Break: 10:00am – 10:15am

Instruction: 10: 15 am – 12:00 pm

Upper Extremity Adjustments:

Adjustments to reduce median nerve entrapments
 Adjustments to reduce ulnar nerve entrapments
 Adjustments to reduce radial nerve entrapments
 Adjustments for homologous relationships of ventral horn cells
 Adjustments to facilitate and inhibit musculature of anterior and posterior compartments.

Lunch: 12:00pm – 1: 00Pm

Instruction: 1:00pm – 3:00pm

Adjustments to reduce pyramidal paresis
 Adjustments specific to the wrist
 Adjustments specific to the digits
 Adjustments for Pronator Teres Syndromes
 Adjustments for Supinator Syndromes
 Adjustments and decompression of radial nerve in the triangular space.
 Adjustments of the Clavicle

Break: 3:00pm – 3: 15pm

Instruction: 3:15pm – 6:00pm

Thorax and Rib Adjustments:

Adjustment of the First Rib
Adjustment of costovertebral articulations
Adjustment of costocostal articulations
Adjustments of the three joint complex of upper ribs

Sunday

Instruction: 8:00am – 11:00am

Lumbar Spine and Pelvic Adjustments:

Adjustments specific to Quadratus Lumborum syndromes
Adjustments specific to Iliocostalis Lumborum syndromes
Adjustments specific to Multifidus syndromes
Adjustments of the Lumbar Spine
Adjustments of the Pelvis

Break: 11:00am – 11:15am

Instruction: 11:15am – 3:00am

Adjustments of Sacro Iliac joints

Lower Extremity Adjustments:

Adjustments specific to reduction of nerve entrapments in the lower extremity
Adjustments of the Femur
Adjustments of the Tibia
Adjustments of the Ankle
Adjustments of the foot